



**ACADIA LIFELONG LEARNING CENTRE**  
*Learning Opportunities for Older Adults*  
**2011–12 Calendar**



**ACADIA**  
UNIVERSITY

# Fall...

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>VIEWING THE WORLD WITH A GEOLOGIST'S EYES</b> Guest Presenters 4 – 6 p.m. Sept. 19 – Oct. 24	<b>MARVELOUSLY MATURE YOGA</b> Jennifer White 10 – 11:30 a.m. Oct. 4 – Nov. 22	<b>BRIDGE BASICS 1</b> Glenda Mills 9:30 – 11:30 a.m. Sept. 14 – Nov. 2	<b>THE FUTURE OF GOVERNMENT IN CANADA</b> Agar Adamson 10 a.m. – 12 noon Oct. 20 – Nov. 10	<b>TRAVEL SERIES</b> Guest Presenters 10 – 11:30 a.m. Sept. 23 – Oct. 21	<b>DIGITAL PHOTOGRAPHY &amp; PHOTO EDITING</b> Rick Penney 9:30 a.m. – 12 noon Nov. 5 – Nov. 19	<b>GOURMET DELIGHTS FROM THE BOUNTY OF THE VALLEY</b> Brit Podolinsky 3 – 5 p.m. Sept. 11 – Feb. 12
	<b>BROADWAY MASTERS: HAMMERSTEIN AND SONDHEIM</b> Peter Riddle 4:30 – 6:30 p.m. Sept. 20 – Nov. 8	<b>PAINTING WITH WATERCOLOURS</b> Twila Robar-DeCoste 10 a.m. – 12:30 p.m. Sept. 28 – Nov. 16	<b>BROWN BAG LUNCH</b> 12 noon – 1 p.m.  <b>A WESTERN VIEW OF CONTEMPORARY ISLAM</b> Bruce Matthews 3 – 5 p.m. Oct. 13 – Oct. 27			

# Winter...

Monday	Tuesday	Wednesday	Thursday
<b>CONTEMPORARY ISSUES ON ECONOMIC POLICY</b> Maurice Tugwell 10 – 11:30 a.m. Jan. 22 – Feb. 26	<b>MARVELOUSLY MATURE YOGA</b> Jennifer White 10 – 11:30 a.m. Feb. 14 – Apr. 3	<b>PAINTING WITH ACRYLICS</b> Twila Robar-DeCoste 10 a.m. – 12:30 p.m. Jan. 25 – Mar. 14	<b>THE MAGIC OF WATER</b> Graham Daborn 10 a.m. – 12 noon Jan. 19 – Feb. 16
<b>VICTORIAN PASSIONS: THE BRONTËS IN CONTEXT</b> Anthony Harding 1:30 – 3 p.m. Jan. 23 – Mar. 12	<b>REPLACING FOSSIL FUELS WITH ALTERNATIVE ENERGY SOURCES</b> Fred Archibald 6 – 8 p.m. Jan. 31 – Feb. 21	<b>SURREALISM</b> Gerald Parker 2 – 4 p.m. Jan. 25 – Feb. 29	<b>BROWN BAG LUNCH</b> 12 noon – 1 p.m.

Seminars and field trips are not included on these schedules. Please refer to their course descriptions.

## On the Cover...

Artwork courtesy of ALL members Linda Francescutti, Betsey Harwood, and Dennis Nash. Visit our website at <http://all.openacadia.ca> for artist profiles.

# Spring...

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<b>WRITING FICTION</b> Susan Haley 9 a.m. – 12 noon Mar. 27 – May 15	<b>BRIDGE BASICS 2</b> Glenda Mills 9:30 – 11:30 a.m. Mar. 14 – May 2			<b>DIGITAL PHOTOGRAPHY &amp; PHOTO EDITING</b> Rick Penney 9:30 a.m. – 12 noon Mar. 3 – Mar. 17	
	<b>LIFE IN THE GARDEN</b> Tim Amos 6:30 – 8:30 p.m. Apr. 24 – May 29	<b>DRAWING AND SKETCHING</b> Twila Robar-DeCoste 10 a.m. – 12:30 p.m. Apr. 4 – May 9	<b>BROWN BAG LUNCH</b> 12 noon – 1 p.m.			

# Willkommen, Bienvenue, Welcome...

Our cabaret is back for another year. Are you ready to kick-start your curiosity, challenge your innate creativity, or merely add to your stockpile of wisdom? Acadia Lifelong Learning is offering dozens of courses designed to tempt the over-50 set and satisfy those “wish I’d learned to...” yearnings. Beginning in September and lasting into the spring, you have a versatile, failsafe plan to avoid winter bleakness and cabin fever. Your only problem will be to limit yourself to a reasonable number of courses.

Make your reservations now to ensure an enriching and lively 2011–12!

*Kathy Little, Chair*

*Acadia Lifelong Learning Advisory Board*

## Fall...

### VIEWING THE WORLD WITH A GEOLOGIST'S EYES \$85

**Guest Presenters**

**Mondays 4 – 6 p.m., Sept. 19 – Oct. 24 (5 sessions)**

Tour Acadia's collections and learn in the lab how minerals are identified and named, how fossils are preserved, how earthquakes and volcanic eruptions are detected and understood, and more. This course is taught by a team of professors with over 80 years of teaching and research experience at Acadia.

### MARVELOUSLY MATURE YOGA \$95

**Jennifer White — Limit of 10 Participants**

**Tuesdays 10 – 11:30 a.m., Oct. 4 – Nov. 22 (8 sessions)**

Yoga for the mature body: gentle poses and time to ask questions and learn more about this ancient art. In this course, you will practice various breathing techniques and poses that will build stamina and energy.

### BROADWAY MASTERS: HAMMERSTEIN AND SONDHEIM \$105

**Peter Riddle**

**Tuesdays 4:30 – 6:30 p.m., Sept. 20 – Nov. 8 (8 sessions)**

This course will bring new insights to the familiar works by these masters of musical theatre, along with a few rarities, such as a recently rediscovered Sondheim gem thought to be lost since the early 1960s.

### BRIDGE BASICS 1 \$130

**Glenda Mills**

**Wednesdays 9:30 – 11:30 a.m., Sept. 14 – Nov. 2 (8 sessions)**

It's all in the cards! This introductory course is suitable for beginner players and those returning to the game. The course covers the fundamentals of bidding, play, and defence.

### PAINTING WITH WATERCOLOURS \$140

**Twila Robar-DeCoste — Limit of 12 Participants**

**Wednesdays 10 a.m. – 12:30 p.m., Sept. 28 – Nov. 16 (8 sessions)**

An introduction to the techniques of this beautiful medium, as well as discussion of composition, value studies, and colour mixing.

### THE FUTURE OF GOVERNMENT IN CANADA \$75

**Agar Adamson**

**Thursdays 10 a.m. – 12 noon, Oct. 20 – Nov. 10 (4 sessions)**

A general discussion on the future of government and politics in Canada as a result of the 2011 election. One can speculate that 2011 was a 'realigning' election which has moved Canadian politics and government in new directions. This course will be a mixture of discussion and background lectures, but the conclusion is four years away.

### A WESTERN VIEW OF CONTEMPORARY ISLAM \$70

**Bruce Matthews**

**Thursdays 3 – 5 p.m., Oct. 13 – 27 (3 sessions)**

This course provides an insightful examination of Islamic culture and Muslim citizenship in contemporary Western societies. Topics include Islamophobia, efforts to maintain and enhance identity, and cultural relationships.

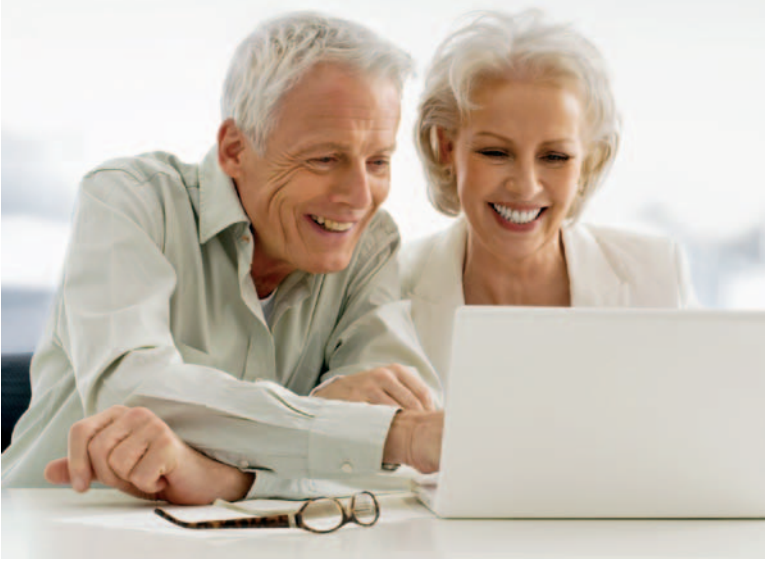
### TRAVEL SERIES \$75

**Guest Presenters**

**Fridays, 10 – 11:30 a.m., Sept. 23 – Oct. 21 (5 sessions)**

Travellers who have ventured far beyond our borders share their adventures in exotic destinations. These inspiring, engaging presentations may include storytelling and photography. Please consult our website for the updated speaker list.





## Winter...

### CONTEMPORARY ISSUES ON ECONOMIC POLICY \$80

**Maurice Tugwell**

**Mondays 10 – 11:30 a.m., Jan. 22 – Feb. 26 (6 sessions)**

We will always have “death and taxes,” but how do we make sense of the recession and current economic issues? This course examines economic trends and lingering questions, from Nova Scotia’s economic development to Wolfville’s fiscal sustainability.

### VICTORIAN PASSIONS: THE BRONTËS IN CONTEXT \$95

**Anthony Harding**

**Mondays 1:30 – 3 p.m., Jan. 23 – Mar. 12 (8 sessions)**

Explore Victorian passions and conflicts through three classic Brontë novels: *Jane Eyre*, *Wuthering Heights*, and *The Tenant of Windfell Hall*. Through short lectures, excerpts from dramatised versions, and more, this course examines the origins and literary context of these major works by Charlotte, Emily, and Anne Brontë.

### MARVELOUSLY MATURE YOGA \$95

**Jennifer White — Limit of 10 Participants**

**Tuesdays 10 – 11:30 a.m., Feb. 14 – Apr. 3 (8 sessions)**

Yoga for the mature body: gentle poses and time to ask questions and learn more about this ancient art. In this course, you will practice various breathing techniques and poses that will build stamina and energy.

### REPLACING FOSSIL FUELS WITH ALTERNATIVE ENERGY SOURCES \$75

**Fred Archibald**

**Tuesdays 6 – 8 p.m., Jan. 31 – Feb. 21 (4 sessions)**

A critical look at using large-scale alternative energy sources to keep Earth liveable. Humans burn about 90 million barrels of oil, 9 billion cubic metres of natural gas, and 13 million tonnes of coal daily. Practically, today, what can replace most of this?

### PAINTING WITH ACRYLICS \$140

**Twila Robar-DeCoste — Limit of 12 Participants**

**Wednesdays 10 a.m. – 12:30 p.m., Jan. 25 – Mar. 14 (8 sessions)**

Painting with acrylics combines the richness of oils with the water-soluble freshness of watercolour. Students will create several small paintings during the course. This is a course for the beginner to intermediate painter.

### SURREALISM \$95

**Gerald Parker**

**Wednesdays, 2 – 4 p.m., Jan. 25 – Feb. 29 (6 sessions)**

Surrealism had, and continues to have (in film, theatre, sculpture, poetry, and, of course, painting), an enormous influence upon how we see, “read,” and experience the world about us. Among the artists whose works will be examined in these lectures are Max Ernst, Rene Magritte, Salvador Dali, Frida Kahlo, and Juan Miro.

### DIGITAL PHOTOGRAPHY AND PHOTO EDITING \$75

**Rick Penney**

**Saturdays 9:30 a.m. – 12 noon, Nov. 5 – Nov. 19 (3 sessions)**

This course will take the mystery out of today’s digital technology and help you get the images you want. You will also learn how to store, catalogue, and — most importantly — edit your work.

### GOURMET DELIGHTS FROM THE BOUNTY OF THE VALLEY \$165

**Brit Podolinsky — Limit of 15 Participants**

**1 Sunday per month, 3 – 5 p.m., Sept. 11 – Feb. 12, (6 sessions)**

Step into the kitchen of chef and former restaurateur Brit Podolinsky to learn her techniques for cooking dishes featuring local seasonal ingredients. Dishes will be shared by all and recipes will be provided. Leave with inspiring ideas to bring out the chef in you.

### GASPEREAU VINEYARDS WINERY TOUR \$10

**Thursday, September 22, 10 a.m.**

You’re in for a treat! Your visit to Gaspereau Winery includes a tour of the vineyards along with a sampling of about eight wines, as well as pairings with three local Fox Hill cheeses, and a sampling of ice wine in a custom milk/dark chocolate cup.

### MEXICO: NARCO-STATE OR TOURIST PARADISE?

**Peter Walker**

**Thursday, November 17, 6:30 p.m.**

This seminar will examine the competing depictions of Mexico in the media and popular culture. Do all the stories in the media about drugs, gangs, and violence in Mexico give an accurate picture? Should snowbirds be concerned about travelling there? This seminar will attempt to answer these questions.

## THE MAGIC OF WATER \$85

Graham Daborn

Thursdays 10 a.m. – 12 noon, Jan. 19 – Feb. 16 (5 sessions)

The history of humans on Earth has been inextricably tied to water, one of the most abundant and essential materials on the planet. This course explores the many ways in which humans depend upon and interact with water, from both global and local perspectives.

## Spring...

## WRITING FICTION \$140

Susan Haley — Limit of 15 Participants

Tuesdays 9 a.m. – 12 noon, Mar. 27 – May 15 (8 sessions)

Participants will write and present eight short pieces of fiction or memoir. Class time is devoted to presentation and critique in a friendly and encouraging atmosphere.

## LIFE IN THE GARDEN \$95

Tim Amos

Tuesdays 6:30 – 8:30 p.m., April 24 – May 29 (6 sessions)

It has been said that “Our gardens are like wine and good food, nourishment for the soul.” This course examines everything from garden design and natural rhythm to proactive maintenance. The course culminates in a tour and workshop at the instructor’s own garden.

## BRIDGE BASICS 2 \$130

Glenda Mills

Wednesdays 9:30 – 11:30 a.m., Mar. 14 – May 2 (8 sessions)

This course builds on the skills and strategies developed in Bridge Basics 1. It is suitable for previous participants and intermediate players.

## DRAWING AND SKETCHING \$95

Twila Robar-DeCoste — Limit of 12 Participants

Wednesdays 10 a.m. – 12:30 p.m., April 4 – May 9 (6 sessions)

Learn to make your mark! This course focuses on improving your drawing and observational skills. Learn about basic skills, composition, and perspective, and work from both objects and photos.

## DIGITAL PHOTOGRAPHY AND PHOTO EDITING \$75

Rick Penney

Saturdays 9:30 a.m. – 12 noon, Mar. 3 – Mar. 17 (3 sessions)

This course will take the mystery out of today’s digital technology and help you get the images you want. You will also learn how to store, catalogue, and — most importantly — edit your work.

## CAPE SPLIT EXPERIENCE

Sherman Williams — Limit of 22 Participants

Tuesday, May 15

Meet Sherman Williams for a Cape-Split-like Experience without the full length hike to Cape Split. You will hike and explore a section of Fundy shoreline between Scots Bay and Cape Split. The hike is about four kilometres return and will take up to four hours. Footwear suitable for hiking rough trail and rocky ground is required. Bring water, a snack, and your hiking stick. Please pre-register.

## CHIMNEY SWIFTS

Jim Wolford

Wednesday, June 6

Learn interesting facts about chimney swifts, and witness their dramatic entrance into their roosting site at dusk.

## More Learning Opportunities...

## BROWN BAG LUNCHES

Guest Presenters

Thursdays 12 noon – 1 p.m., Sept. 15 – Apr. 5

The ALL Brown Baggers program is intended to fill the need for discussion of some of the important, and perhaps not-so-important, developments in our world. This is a truly informal time — an opportunity to meet new people who are lively and interesting and who love learning every day. The baggers meet every Thursday at noon in the beautiful Sheldon L. Fountain Learning Commons, located right in the middle of the Acadia University campus. Alternate locations when required are noted. Please visit our website for the schedule of topics and presenters.

## ALL COURSE AUDITS

ALL members are eligible for free credit course audits. You may be able to audit any lecture style undergraduate course offered by the university, pending available space and permission by the professor. To review the available courses, visit our website. Select “Courses and Events” and follow the instructions that guide you through the Registrar’s course listing. To register for a course, contact Open Acadia by phone or email. Be sure to include the course name, instructor, subject, and section number with your request.

## NEW HORIZONS’ BAND

\$110/term for ALL members

\$125/term for non-members

Please contact Barb Jordan (902-585-1512) at Acadia University’s School of Music for further information.

## ALL GIFT CERTIFICATES

Our gift certificates are the perfect way to treat a special someone with a unique present. Certificates are available in \$25 increments and can be used for ALL memberships or course registrations.

Visit our website at  
<http://all.openacadia.ca>  
for expanded course descriptions and  
instructor biographies.

# Join the Acadia Lifelong Learning Centre...

The ALL Centre is a way for Acadia University, through Open Acadia, to share its intellectual and cultural resources with the Annapolis Valley's growing population of senior adults. The courses listed in this calendar are designed for adults age 50+.

ALL ANNUAL MEMBERSHIP FEE (AUGUST 1 – JULY 31): \$25

## ALL Membership Has Its Benefits...

- Free credit course audits
- Free access to the Vaughan Memorial Library
- Free ALL seminars, lectures and readings
- Reduced ALL course fees
- Special events and outings
- Invitations to participate in community events
- E-list of ALL events

## Important Information...

- Fees listed in this calendar are for ALL members. Non-members please add \$15 to the listed fee.
- Courses require a minimum of 10–12 registrants to run. Register early to avoid course cancellations.
- Fees are listed with each course.
- Seminars are free for ALL members. If you register for a seminar but are unable to attend, please contact us, as there may be a wait list.
- You will be contacted with the location(s) after you have registered for your course or seminar.
- The information provided in the calendar and on our website is current as of the time of printing this calendar. Programs listed are subject to changes.
- Call the ALL update line for program changes and updates: 902-585-1434 or 800-565-6568. Press 1 at the prompt.

## Visit [all.openacadia.ca](http://all.openacadia.ca)

- Register for your favourite courses, seminars, and outings online at our website. Click on "Registration." Online registration is fast, convenient and secure.
- Find updated lists of topics and presenters for our Brown Bag Lunch series.
- Learn about your ALL Board members.
- Review detailed course descriptions, instructor biographies, ALL policies, and registration forms. ALL courses are listed alphabetically. You can use the filter to search by term.

## Contact Us...

### ACADIA LIFELONG LEARNING CENTRE

Open Acadia  
38 Crowell Drive  
Acadia University  
Wolfville, NS B4P 2R6

800-565-6568 (toll free) • 902-585-1434 (local)  
[allinfo@acadiau.ca](mailto:allinfo@acadiau.ca) • <http://all.openacadia.ca>

