



Photo: Rachel Cooper

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ALL gift certificates can now be purchased in amounts of \$25, \$50, \$75 and \$100. You can use them for memberships or towards any ALL course.

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Photo: Rachel Cooper

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ALL News

Acadia University Lifelong Learning

Volume 6, December 2011

"One's work may be finished someday, but one's education never"

Alexander Dumas Père, French Writer 1802-1870

2012 Winter & Spring Programming

Winter

Contemporary Issues on Economic Policy - Maurice Tugwell

Victorian Passion: The Brontës in Context - Anthony Harding

Marvelously Mature Yoga - Jennifer White

Replacing Fossil Fuels with Alternative Energy Sources - Fred Archibald

Painting with Acrylics - Twila Robar-DeCoste

Surrealism - Gerald Parker

The Magic of Water - Graham Daborn

Spring

Writing Fiction - Susan Haley

Life in the Garden - Tim Amos

Bridge Basics - Glenda Mills

Drawing & Sketching - Twila Robar-DeCoste

Digital Photography & Photo Editing - Rick Penney

Cape Spilt Experience - Sherman Williams

Chimney Swifts - Jim Wolford

3 Ways To Register:

- 1) Visit all.acadiau.ca
- 2) Call 1-800-565-6568
- 3) Stop by our office at 38 Crowell Dr., Willett House, Acadia University

Gaspereau Vineyards Tour

by Rachel Cooper

At 3 a.m. on a bitter February morning, pickers wearing headlamps will head into the fields at Gaspereau Vineyards to harvest icewine grapes. Picking at night in the dead of winter ensures that each grape is frozen solid except for a single drop of sweet, concentrated juice at its heart. The grapes are pressed and fermented that night.

This fall, on a sunny September morning, seven ALL members learned this and other intriguing facts about wine making in the Valley from our guide, Sarah Rodimon. As Sarah answered our questions, we cheerfully worked our way through the tastings of seven different wines, from dry and off-dry whites, a soft rosé, and light and robust reds, to the precious, sweet icewine served in fine chocolate cups.

We walked among the rows, tasting different grape varieties as we learned about the wines.

At \$10, the Gaspereau Vineyards tour was a remarkable value.



Photo: Rachel Cooper



ALL News

Member spotlight

By Teresa Patterson

Dianne McPhee has been teaching a course in Memoir Writing for a number of years. In 2009 even with a limit of ten students, Dianne graciously offered an eleventh spot to one more enthusiastic writer. The group showed up for classes once a week for eight weeks and learned many techniques to bring out the best in the stories hidden in the recesses of their minds.

Once the sessions were finished, the group of eleven decided to continue meeting every two weeks. This group is made up of two married couples, two gentlemen, and five ladies who all have wonderful stories to tell. With the knowledge learned during the sessions attended, they have written stories about family, about their travels, about their losses, about their experiences in many aspects of their lives. The stories have created laughter, some sadness on occasion, some intrigue and just plain fun. Each of the members takes turns hosting this wonderful group of people, where they share their stories, all members reading short pieces at each meeting.

One of the highlights of these get-togethers is the snack factor. The hosts started providing small snacks and coffee or tea right from the start and it has become nearly as big a part of the gatherings as are the writings. Summertime sessions are limited to once a month, and to celebrate summer, BBQ's and sessions at the beach have been held. For sessions near holidays, potluck lunches are the preamble to the writings of the day.



Back Row: Tom Haliburton, Dorothy Robbins, Garry Leeson, Barbara Robinson, Brian Robinson, Heather Thompson, Elizabeth Huyer
Front Row: Isabel Tait, Teresa Patterson, Vitaly Fainitsky, Kay Lewis

This group has members in their sixties, seventies, and eighties, and their eldest member has recently celebrated her 91st birthday. The remarkable thing about this versatile group is that since that first session with Dianne, they have continued to meet and enjoy the fruits (and other snacks) of their literary labours for over two years. Friendships have formed and the group continues to look forward to their meetings and to a third year of sharing their lives.

Congratulations to all of you for continuing to write, and cultivate friendships. Many thanks to Dianne for steering us in the right direction.

ALL on Facebook

Now you can connect with ALL on Facebook. Search for Acadia Lifelong Learning and “like” our page to receive news and updates. Drop by and say hello!

(www.facebook.com)

Brown Bag Lunches

Look for the start of the popular Brown Bag Lunch program again in January. Every Thursday at noon, bring your lunch and a healthy curiosity to the beautiful Fountain Commons (upstairs).

For the line-up of speakers, go to all.acadiau.ca and click the Brown Bag Series link on the right.

ALL at the Market

ALL will have a booth at the Wolfville Farmers' Market on Saturday, January 7th. We're happy to answer any questions that current or potential members may have, so stop by!



Photo: Rachel Cooper



ALL Summer Potluck

by Teresa Patterson

In August, the ALL members held a potluck picnic on a bright, sunny, albeit somewhat windy day, to kick off the new season. Sixty people turned out with choice dishes of hot food, cold food, desserts and salads. Fresh local corn was boiled in the kettle, with Harold Forsyth and Roger Boutilier at the helm.



Photo: Grant Lohnes

Surveys, in the form of place-mats, were found at every table for participants in the hopes of having the surveys filled in. The information gathered from the many surveys that did indeed get filled in were used to help us to determine the kind of new courses that may be offered in the future, and which courses you would like to see repeated. Thank you to everyone for your contributions to the survey.

We also launched an online version of the same survey later in the fall. Stay tuned for a few new classes/seminars in the Winter & Spring terms based on the feedback we received.

The summer potluck also gave members a chance to sign up for Fall, Winter and Spring courses; new members were welcome to get on board. The 2011-2012 calendars were distributed, along with the listings for the Brown Bag Lunch topics.

This event was a great kick-off to yet another engaging season of Acadia Life-long Learning.

What's coming up...Tonight!

by Yvette LeBlanc

You are welcome to hear the North Mountain Chorus and the Acadia New Horizons Concert and Jazz Bands as they join forces to present a spectacular winter concert! Listed in their repertoire will be the all-time favourite "Jesu, Joy of Man's Desiring" by Johann Sebastian Bach. The Acadia New Horizons Band is pleased to be able to welcome the North Mountain Choir, directed by Wendy LaPierre. Most of their members hail from the Black Rock and Margaretsville area; however, members come from as far away as Wolfville, Woodville and Berwick. They are a group of 43 voices, 9 of which are men. One of their members even manages to be a part of both groups!

As for the Acadia New Horizons Band, of which many are ALL members, you will also notice some young faces among them. These are students from the Acadia School of Music who, also, are learning a new instrument, or just joining us for the fun of it, and, possibly, a credit. We are hoping that you will enjoy the evening! (Event details are to the right of this article.)

Kathy Little

In August of this year, Kathy Little stepped down from her role as Chair on the ALL Advisory Board due to health reasons. Sadly, Kathy passed away in her home near Grand Pré on Nov. 24th, 2011.

Kathy was witty, talented and creative. She contributed so much to her community and the ALL Program. She will be missed.



Kathy Little (photo: LeRoy Little)

Community Voices A Celebration of Community Music Making

Featuring
The North Mountain Chorus
Conducted By
Wendy LaPierre AND
The Acadia University New
Horizons Band and
Ensembles Conductors:
Ardith Haley, Kay Greene,
Katrina Salmon, Hugh
Sweeney

Wednesday, Dec 7th 7:00 PM
Festival Theatre Building
Wolfville
Free Will Donation at the
Door

New Chair & Vice-Chair

The first fall season meeting of the Acadia Lifelong Learning Advisory Board was held at the K.C. Irving Environmental Science Centre.

Roger Boutilier has generously taken on the challenge of being the new chairman of the advisory board beginning with the October meeting. Jennifer White has kindly assumed the position as vice-chair.

Roger and Jennifer have very quickly proven that they are more than capable of fulfilling their duties, with excellent leadership and direction. We look forward to good winter and spring sessions under their guidance.



Photo: Rachel Cooper

ALL News

Instructor spotlight

by Teresa Patterson

Beginning on February 14 and ending April 3, 2012, Jennifer White will instruct the third session of Yoga with Acadia University Lifelong Learning. This is an eight week program designed for the mature body. Whether you have completed the course before or have never had any yoga training, you can reap the benefits. This is a beginner course.



Jennifer White (Photo: Teresa Patterson)

Jennifer is a certified Yoga Instructor, having completed a full time program at the White Lotus Centre in San Marco, California. This 200 hour program includes 100 hours of practicum, based on two sessions a week with one on one participants. Two exams fill out the requirement for certification.



Photo: Teresa Patterson

Marion Stiles, Myra Tuton, Eva Wallace & Pat Davies

Jennifer says that she "learns a lot while working with people". She feels that working with a smaller group is more beneficial for everyone.

The approach Jennifer takes is to find out from each person just what their issues might be. She asks, "What is happening in your physical life"? "Do you have any health issues"? More personal attention can be paid to determine what each participant needs.

Marvellously Mature Yoga is the title Jennifer chose to name this program as it reflects the use of Yoga for all body types.

Brown Bag Lunch "To Go"

By Roger Boutilier

It was no "picnic" but the Brown Bag Lunch program tried something different this year between the annual August ALL Pot Luck calendar launch and the start-up of its regular 12-program fall semester speaker series. Working from the premise that some folks can't get to the usual noon hour meetings and that early fall weather can provide a relaxing backdrop to informative talks, we scheduled and advertised two "walkabouts" in central Wolfville that were designed to extend BBL "to the masses!"

On Wednesday, Sept. 7th starting at 6:30 p.m., John Whidden guided 27 interested citizens on a well-researched and presented 1&1/2 hour sidewalk tour of "Some of the Grand Historic Homes of Wolfville." He provided commentary on both the architecture and the occupants of houses on the north side of Main Street from the Acadia Athletic complex to Cherry Lane.

The following Monday evening, University Archivist Pat Townsend led 16 people, including three new Acadia students, on a 1&1/2 hour walk around the core of the campus. She told us much about the origins and development of the older buildings that are and were on Acadia's picturesque grounds, as well as many informative details of people who have been a part of Acadia University's storied past. We're grateful to have had two such willing authorities volunteer their time to keep us spellbound until the shades of night were beginning to settle on town and gown.